

Appendix B11: Transgender Cultural Humility Awareness/ Responsiveness - Creating a Tran-Inclusive & Affirming Workplace Presentation

Transgender Cultural Humility Awareness/Responsiveness

Creating a Trans-Inclusive & Affirming Workplace

Tiffany Woods, She/Her Transgender Sexual Health and Community Engagement Specialist

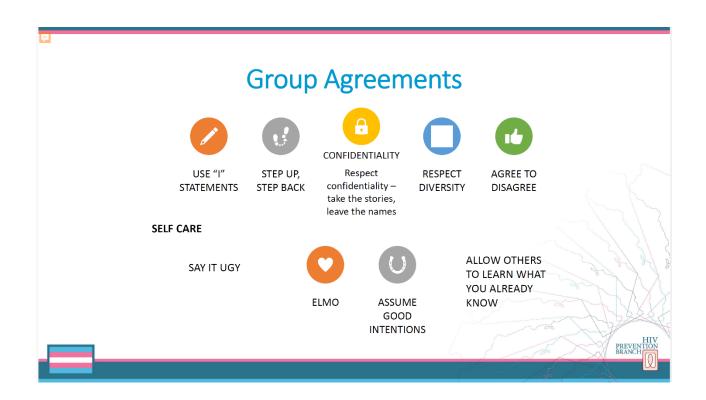
Purpose

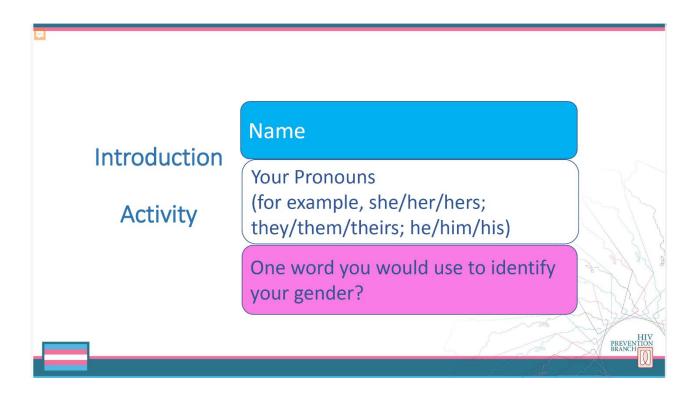
- Why the need for this training/learning collaborative?
- The mission of the California Department of Public Health is to advance the health and well-being of the diverse communities and people of California
- To better serve California's diverse transgender communities as specified in our strategic plan.

PREVE

 To continue OA's work to be a more inclusive and affirming workplace, increase our racial and health equity lens, welcome everyone with humility.

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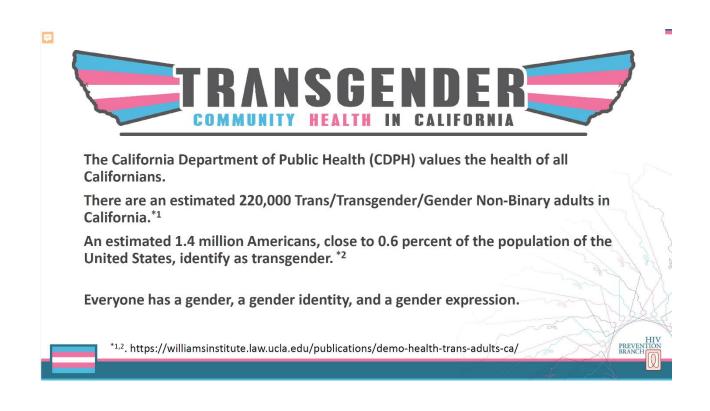


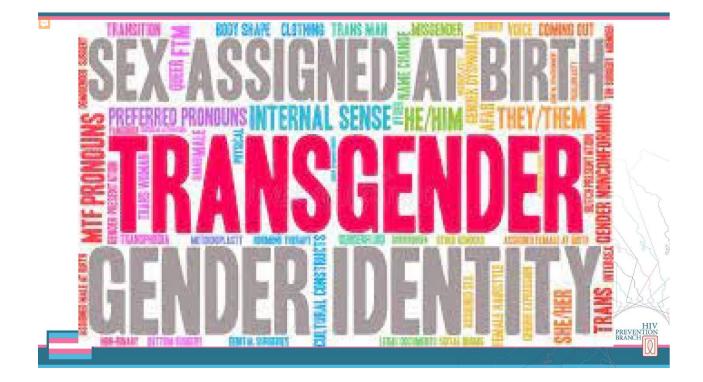


Introduction Activity



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	Understand	• Understand how taking a Cultural Humility approach can be helpful when working across differences in lived experience.
Training	Familiarize	 Familiarize ourselves with terms and concepts related to gender identity.
Goals	Recognize	 Recognize the impact of minority stress, transphobia, and microaggressions on trans & gender non-conforming
Objectives		individuals—including in the workplace.
	Identify	 Identify best practices and polices we can use to create a more trans- inclusive and affirming workplace.
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Gender Language and Concepts



• Refers to one's internal understanding of one's own gender, or the gender with which an individual identifies.

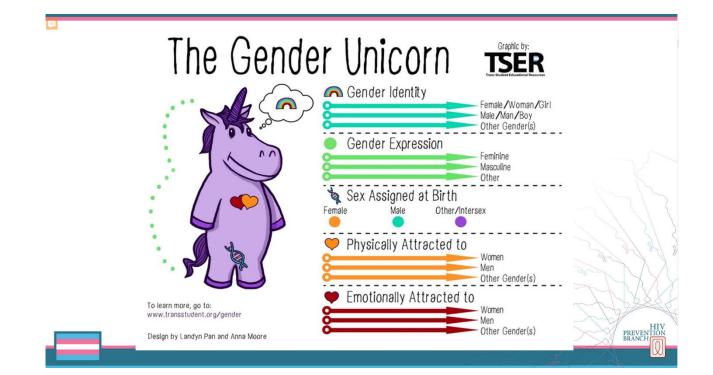
Gender Expression:

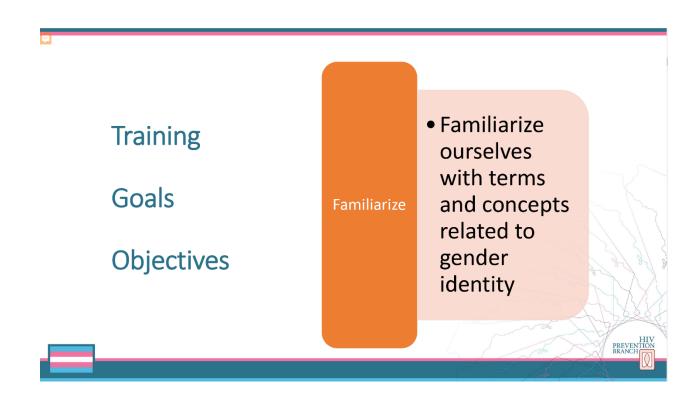
• A term used to describe individuals' outward presentation of their gender.

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 No two people experience their gender, gender identity, or gender expression the same way.









- An individual's gender does not determine an individual's sexual orientation.
- Lesbian, Gay, Bisexual, Heterosexual/Straight:
 - Sexual Orientation
- Queer:
 - Can be both sexual orientation/gender identity
 - More fluid and inclusive
- Trans/Transgender/Gender Non-Binary:
 - ➢Gender Identity
 - ➤The T in LGBTQ+
 - Many identify as Trans/Non-Binary and Queer

Gender Identity and Sexual Orientation are Different Things

Every individual has a biological or assigned sex at birth (ASAB), a gender identity, sexual orientation.

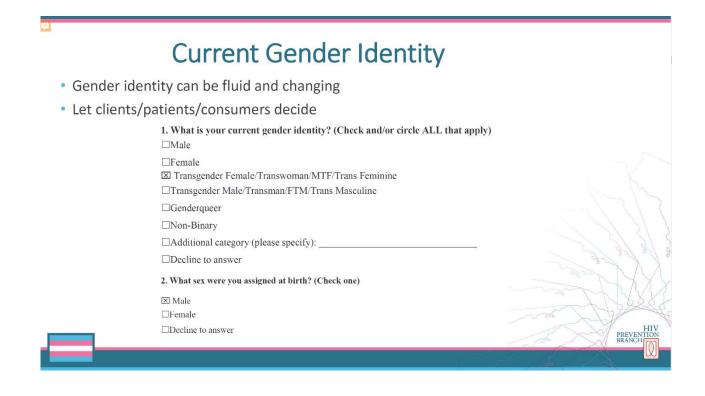
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Being trans/transgender does not mean you're gay; being gay does not mean you're trans/transgender.

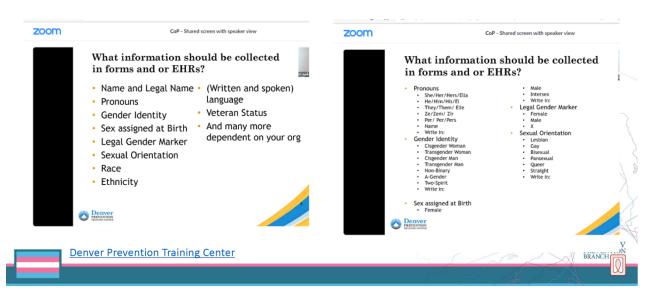
Gender is about who we believe ourselves to be; sexual orientation is about who we are attracted to.

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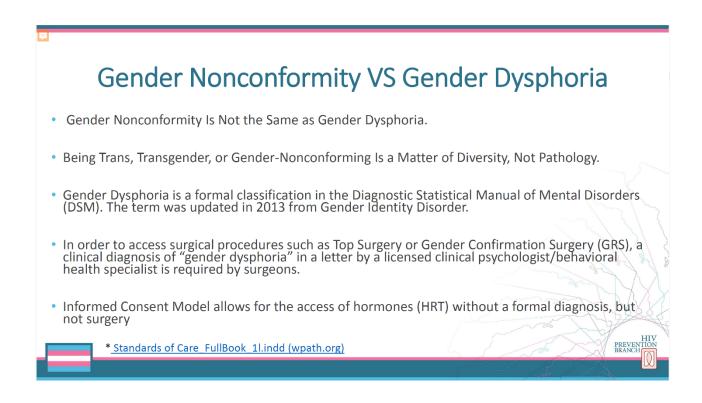


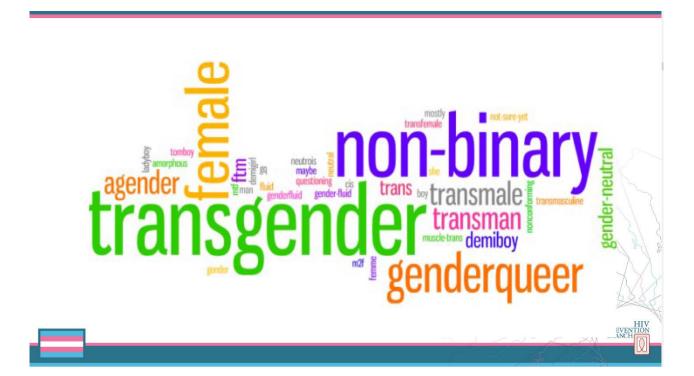
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Evolving Terms and Data Collection









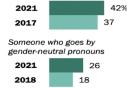


New Pew Research Center Survey

Rising shares of U.S. adults know someone who is transgender or goes by gender-neutral pronouns

Overall, about four-in-ten Americans (42%) say they personally know someone who is transgender, up 5 percentage points since 2017.



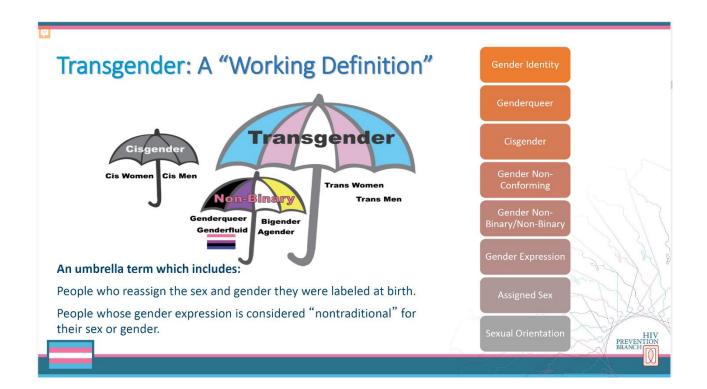


PEW RESEARCH CENTER

Note: The term transgender was defined for respondents as someone who identifies as a gender that is different from the sex they were assigned at birth. Source: Survey of U.S. adults conducted June 14-27. 2021.

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https://www.pewresearch.org/fact-tank/2021/07/27/rising-shares-of-u-s-adults-know-someone-who-is-transgender-or-goes-by-gender-neutral-pronouns/

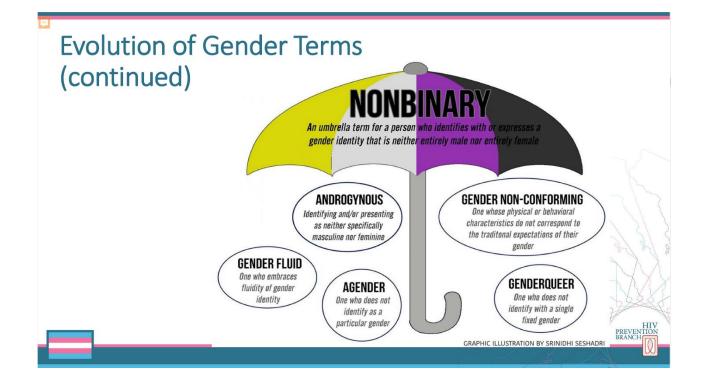


Transgender vs. Transgendered

- What to say when interacting with a trans person?
- Pronouns
- Body
- You should not refer to them as
 "a transgender" or "transgendered."

Transgender is not an action/verb, it is an identity.









"To me, 'genderqueer' represents a queering of gender, so to speak," said Laura A. Jacobs, a psychotherapist who specializes in trans and gender non-binary issues, LGBTQ issues, and other forms of gender and sexual diversity.

"It's a deliberate playing with gender in a very political sense, and being provocative around gender norms to highlight the gender stereotypes of our culture. It is also how I identify." "I am expected to be in this box, but I am not going to be in the box because I'm not going to conform to the expectations that are set for me,"

"I identify as non-binary because I do not identify with either gender,"

> "... gender feels like a canvas for self-discovery..." — Cecclia

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Evolution of Gender Terms

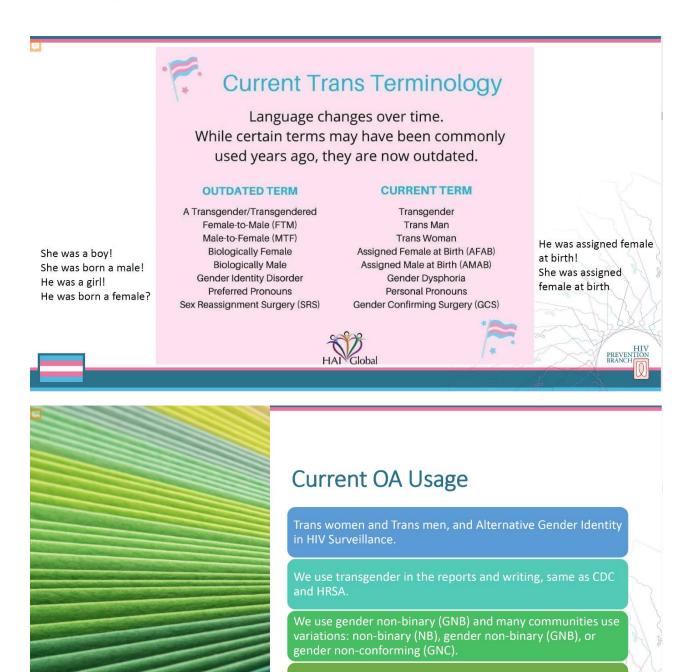
Many transgender people identify as:

- Trans masculine
- Trans man/Trans men
- Trans feminine
- Trans woman/Trans women

Or simply: Trans

- more inclusive/widely
- used/preferred in the community





OA is also now using transgender individuals instead of transgender people which the CDC currently uses

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Trans Terms to Avoid

"Real" boy/man or girl/woman in reference to a transgender person

He-She", "She Male",

"Thing", "It"

Avoid: "transgendered," "a transgender" (n.), "transgenders" (n.), "transvestite," "tranny"

Preferred: "transgender" (adj.), "transgender people," "a transgender person", "Transgenderism" Avoid: "sex change," "sex-change operation," "pre-operative," "postoperative," "pre-op," ______ "post-op" Preferred: "transition", "gender affirmation" "gend<u>e</u>r confirmation"

LGBTQ Terms to Avoid

Avoid: "Fa*got", "homosexual" (n. or adj.), "gay" (n.) (as in, "He is a gay."), "D*ke"	Preferred: "gay" (adj.); "gay man" or "lesbian" (n.); "gay person/people"	Avoid: "homosexuality," "lesbianism"	Preferred: "being gay"
"gay agenda" or "homosexual agenda"	"sexual preference," "gay lifestyle" or "homosexual lifestyle," "same-sex attractions,"	"sexual identity"	Preferred: "sexual orientation" or "orientation"
	Avoid: "special rights," "civil rights," "gay rights"	Preferred: "fairness and equality," "equal protection"	





Don't over trans a trans or non-binary person. It is not complicated.

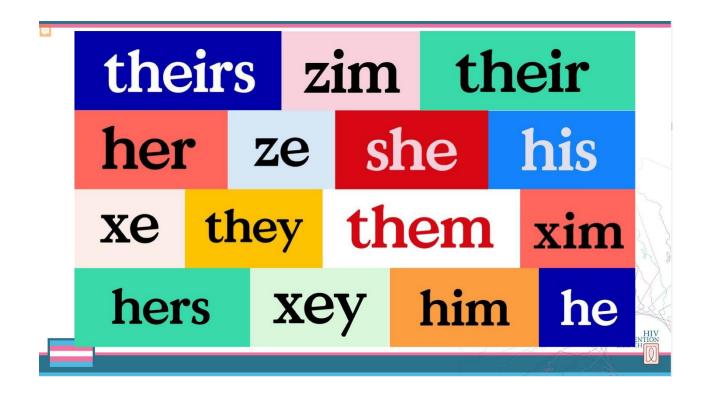


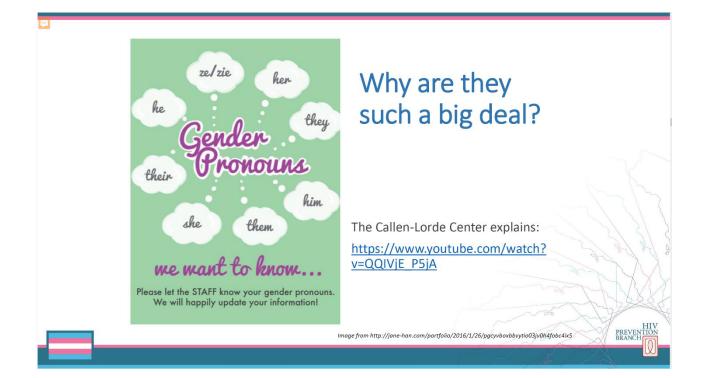
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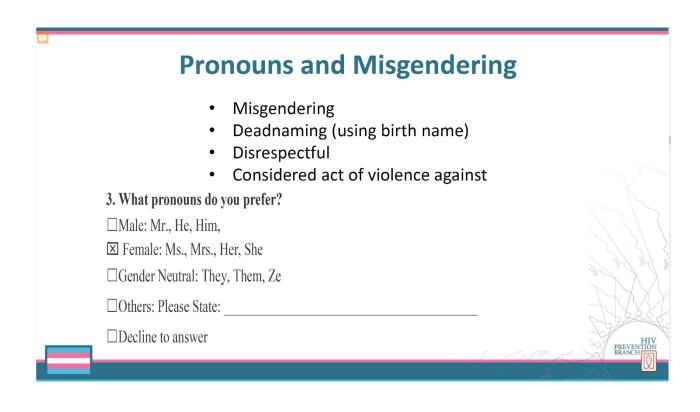












Be Intentional: Why Are You Including Your Pronouns?



- Verbal introductions are a great time to share your own pronouns and ask others theirs.
- Using pronouns in a virtual space such as Zoom helps create an inclusive, safe space for everyone
- Pronouns can change over time, so sharing pronouns at meetings can be useful.
- If possible, wear your own pronouns on your work badge.
- Update your pronouns in work directories and have them in your email signature.

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- Don't assume pronouns based on appearance.
- "They" is OK!

Please note tha	t these are not		s. There are an i	DNOUNS Infinite number of pronouns as new ones s.	When greeting others
Subjective	Objective	Possessive	Reflexive	Example	ladies gentlemen ma'am sir girls guys etc.
She	Her	Hers	Hersell	She is speaking. I listened to her. The backpack is hers.	Consider using instead: "Thanks, friends, Have a great A sea gre
He	Him	His	Himself	He is speaking. I listened to him. The backpack is his.	night." Tolks" "And for you?" something?" Be methe at segarge
They	Them	Theirs	Themself	They are speaking. I listened to them. The backpack is theirs.	Shifting to gender-inclusive language respects and acknowledges the gender identities of all people and removes assumption. Be mindful of language Be mindful of language
20	Hir/Zir	Hirs/Zirs	Hirself/ Zirself	Ze is speaking. I listened to hir. The backpack is zirs.	Based on Toni Latour's 'Hella them' cards.

Mistakes and Reconciliation

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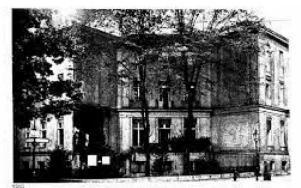
- If you misgender a trans/non-binary person ...
- Do not turn your apology into a monologue, apologize; fix it; and move on.
- Misgendering happens most often in public/social situations
- Explaining your mistake make it worse
- Questions?
- How does this feel for you?

https://www.youtube.com/watch?v=1Ed3ddeDQEI





The Worlds 1st Trans Clinic Germany, 1919-1933



Institut für Sexualwissenschaft /Dr. Magnus Hirschfeld Saftnog) Berlin, In der Zeiten 10 und 9a und Bertherenstraße 3 Leinog: Saviedtreat Dr. Magnus Hirschfeld



Hirschfeld's institute was the first to offer gender reassignment surgery.



Dr. Magnus Hirschfeld

- Magnus Hirschfeld, German physician considered the father of transgender health care, coined the term "<u>transvestite</u>" in 1918 at his Institute for Sexual Science in Berlin.
- Defined transvestism as the desire to express one's gender in opposition to their defined sex.
- A time when his contemporaries aimed to "cure" transgender patients of their alleged mental affliction



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A History of Transgender Health Care - Scientific American Blog Network





Dora Richter

• Going against the grain, Hirschfeld was one of the first to offer his patients the means to achieve sex change, either through hormone therapy, sex change operations, or both.

• Dora "Dörchen" Richter (1891–1933) was the first known person to undergo complete male-to-female gender reassignment surgery. She was one of a number of transgender people in the care of Hirschfeld at Berlin's Institute for Sexual Research during the 1920s and early 1930s. She underwent surgical removal of the testicles in 1922, followed in 1931 by removal of the penis and vaginoplasty.

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May 6, 1933







A bit of trans-story

1959 - Cooper's Donuts Los Angeles



1966 - Compton's Cafeteria San Francisco

To the historian Mack Friedman, the Compton's Cafeteria riot represented "an expression of pangender sex worker unity in the face of an affront." Yet the role played by full- or part-time (people engaged in sex work) is often forgotten in the thumbnail histories of these uprisings.

1966 - Vanguard

The historian Laura Renata Martin said this, "(for) Vanguard, resistance to the criminalization of sex work and police targeting of sex workers was woven in with resistance to harassment based on gender expression and sexual identity."^[1]

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1969 - Stonewall

The story of one June night in 1969 in Greenwich Village often doesn't mention how the outlaws and outcasts who patronized the Stonewall Inn *"made their living,"* the historian Melinda Chateauvert has commented.

As the historian Susan Stryker has argued,



Stonewall

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"Transvestites, transsexuals, gays and lesbians stood shoulder-toshoulder here, so it's appropriate to salute their fearlessness here." - Jimmy Pisano, Stonewall Owner

transgender women—among the most marginalized members of the queer communitywere often the instigators of ALL these uprisings.

The uprising at Stonewall was a fight for the rights of trans people, gender-nonconforming people, queer people of color, homeless queer people—and queer sex workers.

Marsha P Johnson Sylvia Rivera



The (sex) work was "the only alternative that we have to survive because the laws do not give us the right to go and get a job the way we feel comfortable," Rivera once said.

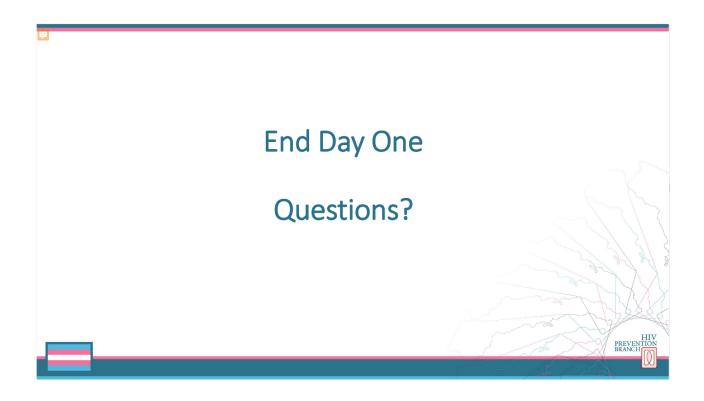
According to Johnson, it was possible for trans women to hold down "*straight" jobs at this time, but only if they hid who they were*:

"I think it will be quite a while before a natural transvestite will be able to get a job," she once said, using the parlance of the time.

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Transgender Cultural Humility Awareness/Responsiveness

Creating a Trans-Inclusive & Affirming Workplace Day 2

Tiffany Woods

Transgender Sexual Health Specialist HIV Prevention Branch

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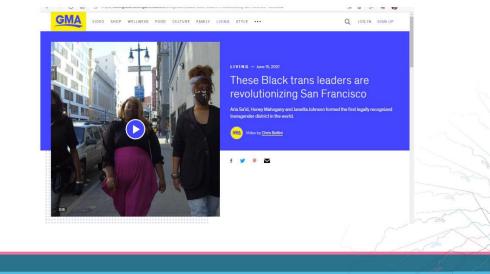


Walk A Mile In Our Shoes

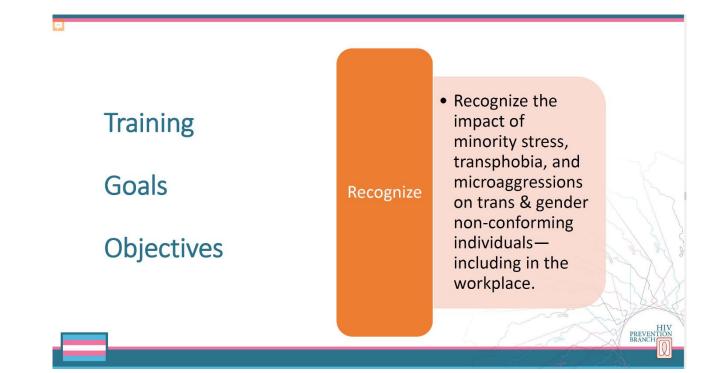


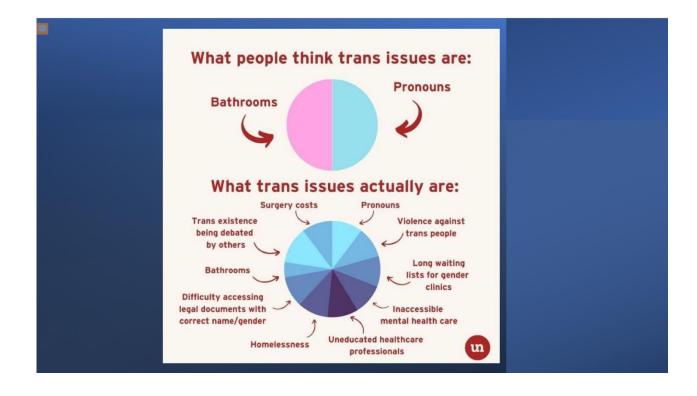
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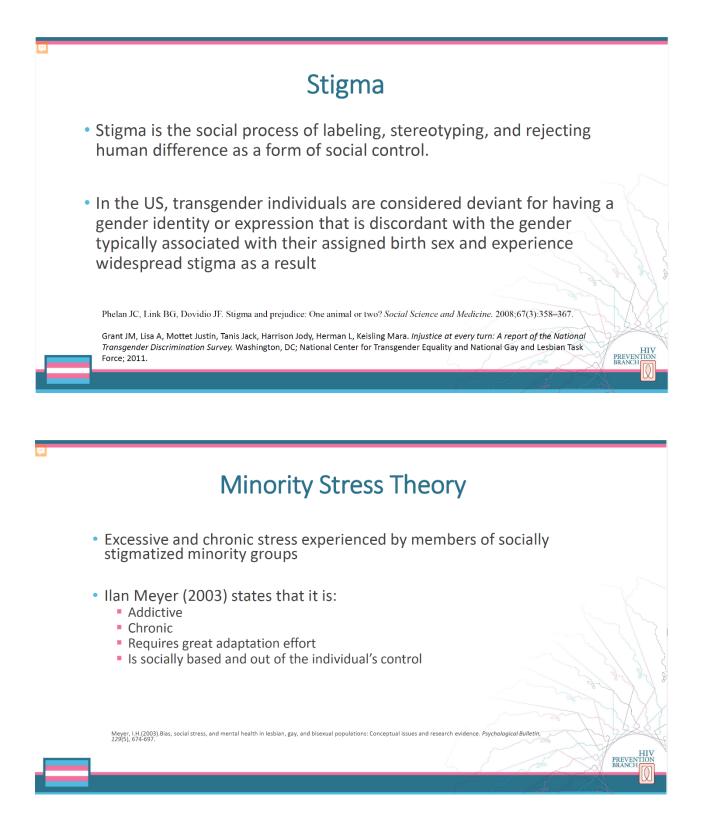
The Transgender District: Compton's Cafeteria 2021



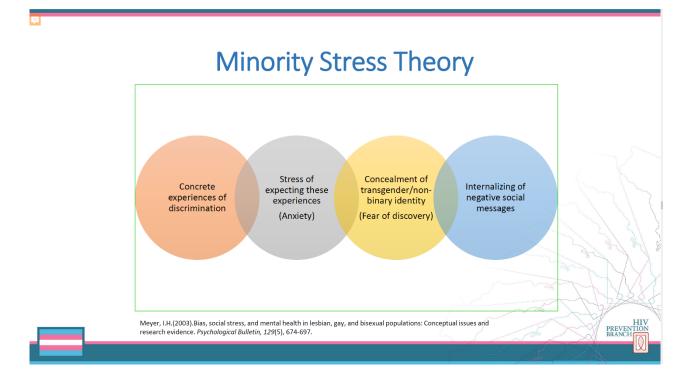
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Microaggressions



The Basics—Trans/Non-Binary Folks and Microagressions

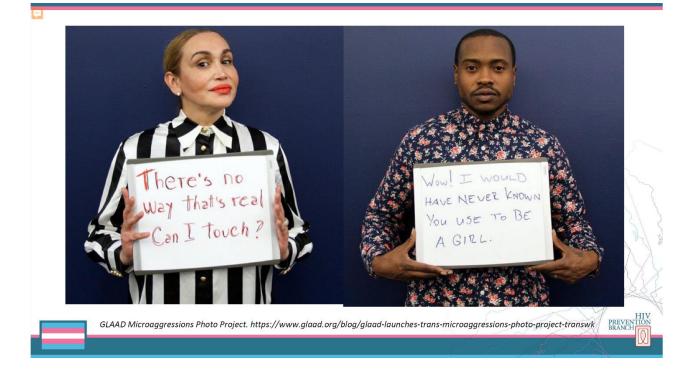
- Microaggressions are the everyday verbal, nonverbal, and environmental slights, snubs, or insults, whether intentional or unintentional, which communicate hostile, derogatory, or negative messages to target persons based on their marginalized group membership: people of color, women, LGBTQI+ individuals, persons with disability, religious minorities.
- These are sometimes small offenses, often not intended, that together can add up to a "death of a thousand cuts" for those who experience them.



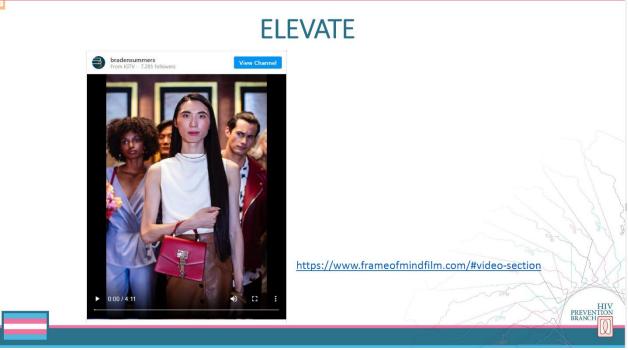




















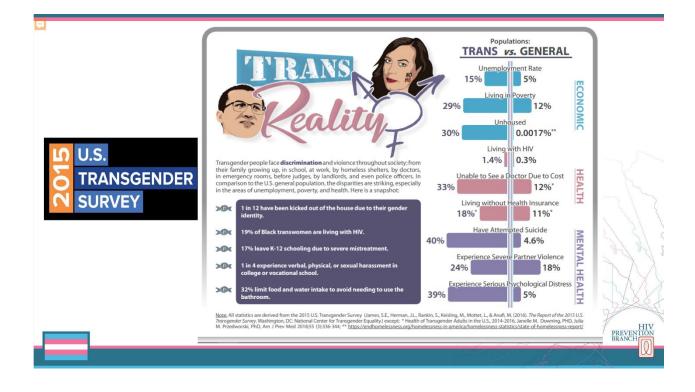
- To uplift the voices, experiences, successes of the transgender and gender nonconforming (TGNC) community.
- Transgender Awareness Week occurs between November 13th and 19th, as a lead up to November 20th: Transgender Day of Remembrance (TDOR)

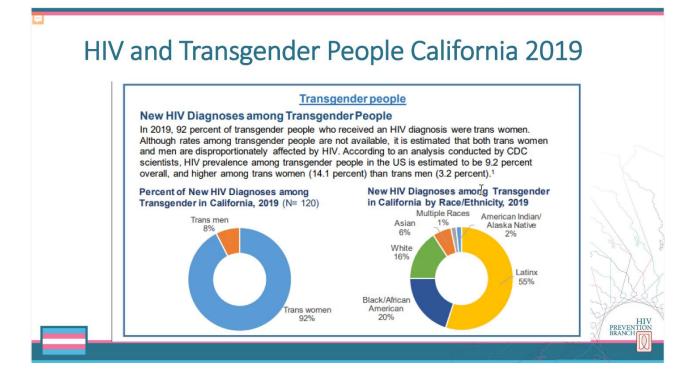
https://gvwire.com/2021/04/20/2020-was-the-deadliest-year-on-record-fortransgender-people-in-the-us-insider-database-shows-experts- say-its-getting-worse/

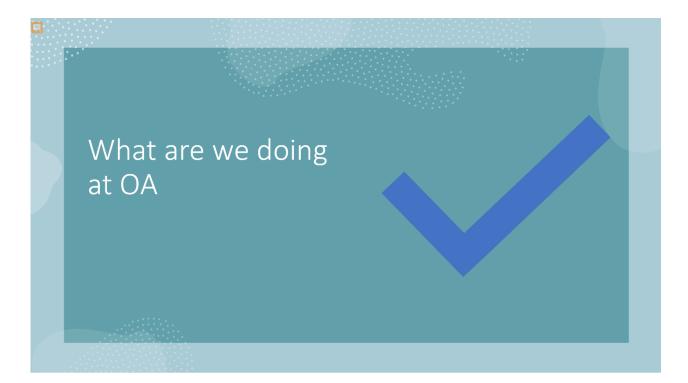
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	Consequences for not conforming to gender binary/ gender	
	expectations/gender roles assigned to us?	
	Trans/Gender Non-Binary people are globally marginalized populations.	
	Extreme Social Stigma	
	Family/Cultural Rejection	
	Institutional Transphobia/Homophobia	
Real Life	Institutional Discrimination	
lssues	Hostility/Targeted Violence/Murder	
	High rates of poverty/homelessness	
	Trans Women of Color have higher rates of HIV/STD's	







Priority Populations

Transgender women and men who have sex with men, transgender women of color, prioritizing African-American/Black and Latinx trans women

Current Strategic Plan

New statewide HIV, STD, and HCV Strategic Plan, 2022 – 2026

BRANCH

PrEP Navigator Project

Project Empowerment

Strategic Rapid ART

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Internal Systems

SURVILLANCE/PEMS/CARE/PREVENTION

Annual review of community terms

Jpdate current terminology

Working to be consistent language across all branch's

CARE

Ryan White Clinal Quality Management (CQM) Data: Trans women & Trans men





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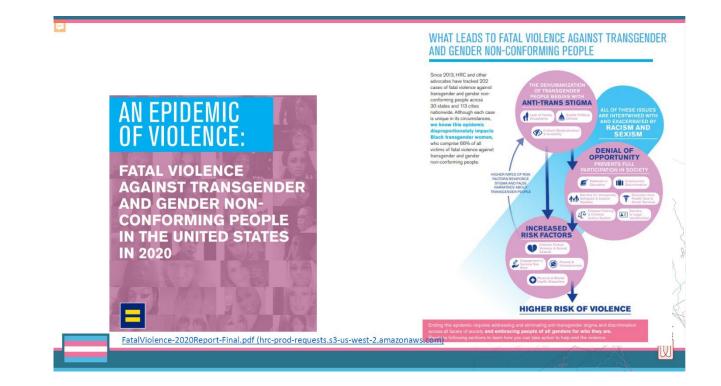


Communication/Education

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Key Community dates/information/resources send in emails via ALL OA Staff & OA Voice

- > International Transgender Day of Visibility
- National Transgender HIV Testing Day
- International Pronouns Day
- International Non-Binary People's Day
- LGBT History Month
- Transgender Awareness Month
- Transgender Awareness Week
- Transgender Day of Remembrance



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International Transgender Day of Remembrance





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- Founded by SF Bay Area Trans Activist Gwen Smith
- The Transgender Day of Remembrance was set aside to memorialize those who were killed due to anti-transgender hatred or prejudice. The event is held in November to honor Rita Hester, whose murder on November 28th, 1998 kicked off the "Remembering Our Dead" web project and a San Francisco candlelight vigil in 1999. Rita Hester's murder — like most anti-transgender murder cases — has yet to be solved.

*About TDOR | Transgender Day of Remembrance (transgenderdor.org)





- At least 55 trans/gender non-conforming Americans were violently killed
- A majority were Black trans women
- 375 Transgender people killed globally in 2021
 <u>Fatal Violence Against the Transgender and Gender Non-Conforming Community in</u>
 2021 HRC

Forbes
375 Transgender People Murdered In 2021-'Deadliest Year' Since Records Began
Jamie Wareham Contributor © Diversity, Equity & Inclusion I report on LGBT life, identifies and being queer.
Listen to article 5 minutes

US Trans/Non- Conforming Deaths Nov 2020 – Nov 2021





California



Natalia Smüt Lopez Age 24 San Jose, California (USA) Shot. 23 Apr 2021 <u>N</u>atalia was murdered by her boyfriend.



Kimberly Susan Fial Age 55 San Jose, California (USA) Stabbed. 22 Nov 2020

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Rayanna Pardo Age 26 (born 14 Aug 1994) Los Angeles, California (USA) Run over. 17 Mar 2021

California

Remembering Our Dead (translivesmatter.info)



Krys Brandon Ruiz Age 26 (born 8 Dec 1994) Lompoc, California (USA) Shot. 28 Mar 2021

Remembering Our Dead (translivesmatter.info)



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Poe Black/Oliver Jackson ("Legion", "Tommi") Age 21 Slab City, California (USA) Stabbed. 26 May 2021







Andrea Gonzalez

- June 11, 2021
- Guatemala City, Gautemala

POLITICS LOCAL - NITIONAL WORLD - OPINIONS - AAE - LIFESTYLE - HEALTH - CLASSIFIES

US condemns murder of prominent transgender activist in Guatemala Andrea González murdered days after vice president visited country

Published Smonths ago on June 17, 2021 By Michael K. Lavers 🎾









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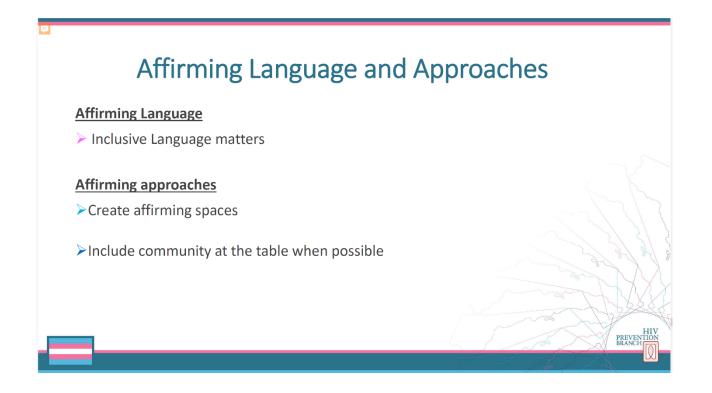




Affirm	
af·firm	
/əˈfərm/	
<i>verb</i> gerund or present participle: affirming	
 state as a fact; assert strongly and publicly. "he affirmed the country's commitment to peace" 	
Similar: declare state assert aver proclaim pronounce	e attest 🗸
 offer (someone) emotional support or encouragement. "there are five common ways parents fail to affirm their children" 	
Definitions from Oxford Languages	Feedback
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Allyship

Definition:

An Ally is someone who makes the commitment and effort to recognize their privilege (based on race, gender, class, etc.) and works in solidarity with oppressed groups in the struggle for justice. Allies commit to reducing their own complicity or collusion in the oppression of those groups and understand that it is in their own interest to end all forms of oppression, including those from which they may benefit from either directly or indirectly.

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INSIGHTS

and

ACTIONS

Identify 1-3 things that might make your workspace more affirming and inclusive for transgender people.

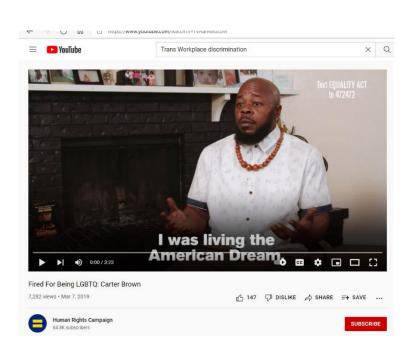
What would make it a safer environment for anybody to explore a variety of gender expressions?

What barriers might prevent us from achieving what we want to achieve? Consider individual barriers (for example, individuals' attitudes, beliefs, and skills), cultural barriers (such as broadly accepted stereotypes, norms about how change happens in this context), and institutional barriers (like policies, power structure).

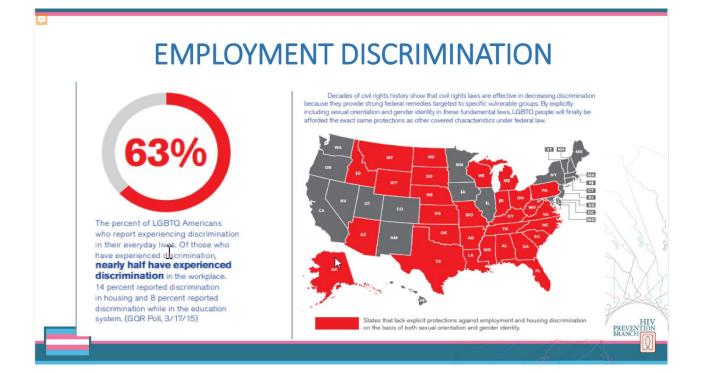
Vhat specific steps can we take to overcome hese barriers?

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Trans Workplace Discrimination







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Legal Protections

Landmark Supreme Court decision in Bostock v. Clayton County:

"protections guaranteed by the 1964 Civil Rights Act on the basis of sex also extend to discrimination against lesbian, gay, and transgender Americans"

Equality Act

• The <u>Equality Act</u> would amend the 1964 Civil Rights Act to explicitly prevent discrimination based on sexual orientation and gender identity.

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President Biden Executive Order

Prevents workplace discrimination on the basis of sexual orientation or gender identity



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2022 Anti-Transgender/LGBTQ Legislation

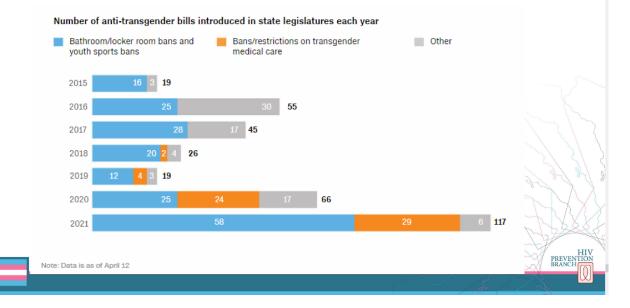
The slate of legislation includes measures that would restrict LGBTQ issues in school curriculums, permit religious exemptions to discriminate against LGBTQ people and limit trans people's ability to play sports, use bathrooms that correspond with their gender identity and receive genderaffirming health care.

The Governor of Texas directed officials to investigate parents of trans children for child abuse after declaring genderaffirming care as a crime although a federal judge as issued a temporary injunction. Nearly 240 anti-LGBT0 bills filed in 2022 so far, most of them targeting trans people The annual number of anti-LGBT0 bills to have been filed has skyrocketed over the past severa

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Nearly 240 anti-LGBTQ bills filed in 2022 so far, most of them targeting trans people (nbcnews.com)

2021 Anti-Transgender Bills



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Florida & Texas

 It's important for people to pause and think about what is happening — especially in the health care context — because what we're seeing is that the state should have the authority to declare a population of people so undesirable that their medical care that they need to survive becomes a crime," Chase Strangio, the deputy director for transgender justice at the ACLU LGBT & HIV Project, said.

• "What we're seeing is a national, well-funded effort to attack and eradicate trans youth and trans lives specifically," says Strangio, who is also an attorney in the ACLU's lawsuit against Abbott.

https://www.democracynow.org/2022/3/9/chase strangio on anti trans legislation



California Legal Protections





The Gender Nondiscrimination Act

- January 1, 2012 Law clarifies existing legal protections.
- Gender identity/gender expression are protected categories in specified non-discrimination laws.
- Discrimination based on gender identity/ gender expression illegal.
- California has prohibited discrimination against transgender/gender nonbinary people in housing, employment since 2004, public accommodations since 2005.

Fair Employment and Housing Act

- Gender identity and gender expression are protected characteristics under the Fair Employment and Housing Act (FEHA).
- Employers, housing providers, and businesses may not discriminate against someone because they identify as transgender/gender non-binary
- Includes the perception that someone is transgender or gender non-conforming.

	RANSGENDER RIGHT NTHE WORKPLACE	s 🥥	
Trar ider Gen ster birt cha Tha may as t the	INT DOES TRANSCENDER" MEANS appendix in a term such to describ pengle alvage porter des diffes trans these they area suggested at strict. All stricts and the set was an appendix alvant. The second second and the pengle and appendix des an A scalable identity and gender expression are protected respectively associated with the pengle and appendix and appendix appendix company. An appendix and appendix company and appendix appendix and appendix company because they deally pengleton backtown is transpender or gender non- forming.	employee must be allowed to dress in accordance with their gender identity and gender expression. Transported or gender more candermit genomersem may not be too a subtract their sectors of the sectors of the sectors of the lotter of the sectors of the sectors of the sectors of dotter or the additional cancel of the sectors of the angle of the sectors of the sectors of the sectors of the sectors of the sectors of the sectors of the sectors of the sectors of the sectors of the sector of the sector of the sectors of the sectors of the sector of the sector of the sectors of the sector of the sector of the sector of the sectors of the sector of the sector of the sector of the sectors of the sector of the sector of the sector of the sectors of the sector of the sector of the sector of the sectors of the sector of the sector of the sector of the time is the sector of the sector of the sector of the sector of the sectors of the sector of the sector of the sector of the sectors of the sector of the sector of the sector of the sectors of the sector of the sector of the sector of the time is the sector of the sector of the sector of the sector of the sector of the sector of the sector of the sector of the sector of the sector of the sector	
WF 1	IAT IS A GENDER TRANSITION? "Social transition" involves a process of socially aligning one's gender with the internal sense of self (e.g.,	facility. Unless exempted by other provisions of state law, all single-user built facilities in any business establishment, place of public accommodation, or state or local government agency must be identified as all-gender toilet facilities.	
2	changes in name and pronoun, bathroom facility usage, participation in activities like sports teams). "Physical transition" refers to medical treatments an individual may undergo to physically align their body with internal sense of self (e.g., hormone theragies or	FILING A COMPLAINT If you believe you are a victim of discrimination you may, within one year of the discrimination, file a complaint of discrimination by contacting DFEH.	
surgical procedures). A person does not need to complete any particular step in a gender transition in order to be protected by the law. An employer may not condition is transment or accommodation of a transitioning employee upon completion of a particular tap in a gender transition.	If you have a diability that prevents you from submitting a written incide from on-line, by mail, or email, UPErt on assist you by scribing your intake by phone or, for individuals who are bed're ritter of Hearing on have speech disabilities. Through the California fleely service (711), or call us through your VIIS at (200) 384-164 (vicio). PTEH is committed to parviding access to our materials in an alternative format as a reasonable accommodation for people with disabilities when requested.		
FAG	POR EMPLOYERS	To schedule an appointment or to discuss your preferred format to access our materials or webpages, contact the Communication Center at (800) 884-1686 (voice or via relay operator 711) or (800) 700-230 (TTY) or by email at contact centerfolden kca gov.	

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Training Legislation

Senate Bill 396

- Added to Fair Employment and Housing Act, 2018.
- Introduces a new mandatory training requirement.

Assembly Bill 2504

- New section added to California Penal Code
- Requires LGBT awareness training for peace officers and dispatchers in California, January 1, 2019.

2020 Legislation

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> PREVEN BRANCH

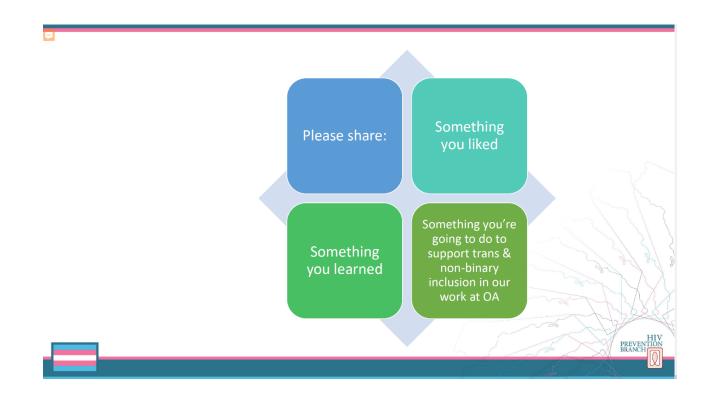
• SB 932

- Ensures comprehensive data collection to understand how COVID-19 is impacting the LGBTQ+ community.
- We have already begun collecting in CalREDIE

• AB 2218

- Establishes the Transgender Wellness and Equity Fund
- First in the nation and the very first very bill written entirely by the trans community.





Resources

A Transgender Community Health Page: <u>https://www.cdph.ca.gov/Programs/CID/DOA/Pages/OA_Transgender_Community_Health_in_California.aspx</u>

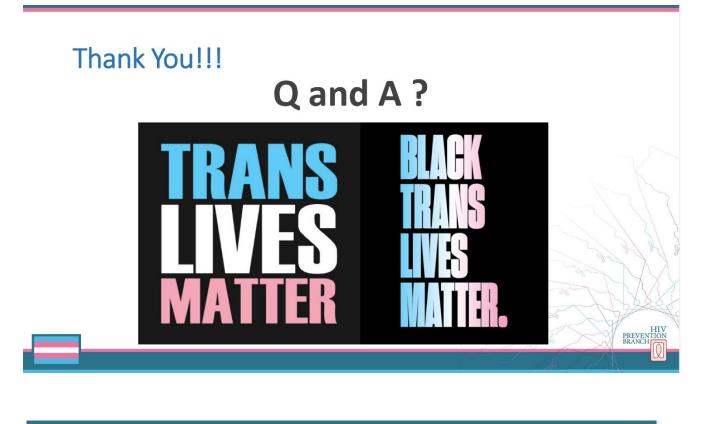
- >Transgender Law Center: https://transgenderlawcenter.org/legal
- Department of Fair Employment: <u>www.dfeh.ca.gov</u>
- The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people: <u>https://transequality.org/</u>

HIV PREVENTION BRANCH

>Equal Employment Opportunity Commission: <u>https://www.eeoc.gov/</u>









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