



ANNUAL MEETING 2024

What Happened to You? Trauma-Informed Approaches to Address the Syndemic

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Facilitators: Nicole Elinoff, Zakiya Grubbs, and Corri Mercy

Session Overview

- Introductions
- NASTAD TIA Toolkit Overview
- State Highlight: Colorado Department of Public Health & Environment
- Q & A
- What happened to you?
- Activity: *Around the World*
- Next Steps

Introductions

- Name
- Pronouns (optional)
- Jurisdiction/Organization
- Have you implemented any trauma-informed approaches?

Trauma-Informed Approaches Toolkit

ADDRESSING TRAUMA AND SUPPORTING HEALING WITHIN
THE HIV CARE DELIVERY SYSTEM

- Overview
- Key Concepts
- Inequities and Intersectionality
- NEAR Science
- Impact of Trauma and Opportunities for Healing Across the HIV Continuum
- Organizational Culture
- Impact of Trauma and Opportunities for Healing for the Workforce
- How to Address Trauma and Facilitate Healing: Trauma-Informed Principles
- Roadmap to Healing
- Tools and Assessments

Trauma-informed approaches (TIA) centers a person's experiences and wellness. The use of



The Office of STI/HIV/VH

Our Journey to Trauma Informed Approaches



COLORADO
Department of Public
Health & Environment

Staff Voice

Knowledge,
Attitudes &
Beliefs Survey

Training

+

=

Organizational
Assessment

Resilience
Champions

Sustainable
Trauma Informed
Transformation

Staff Voice



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From Theory To Practice

Internal

- Resilience Champions
- Team Agreements
- Policy Review
- Mindfulness Activities

External

- Trauma Informed Training
- Supplemental Funding for Trauma Informed Activities
- Preparation for peer led programming



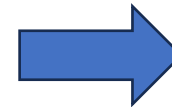
Any Questions so far?

Which Question Are You Asking?

WHAT'S WRONG
WITH YOU?



WHAT HAPPENED
TO YOU?



WHAT'S STRONG
IN YOU?

“Around the World” Activity

- Facilitators will lead you through a discussion on the intersection of TIA and the respective component of the syndemic.
- 7-minute stops on your voyage.
 - Continents
 - Viral hepatitis (Zakiya)
 - HIV prevention (Nicole)
 - HIV care and treatment (Maria & Mahelet)
 - Harm reduction (Corri)
 - Report-out/Debrief

What do I do next?

- Complete the [Program Readiness Assessment for Trauma-Informed Approaches.](#)

Resources

- NASTAD TIA Toolkit Microsite: <https://nastad.org/trauma-informed-approaches-toolkit>
- Hepatitis VLC: Trauma-Informed Approaches for Viral Hepatitis: https://www.youtube.com/watch?v=CHjw-BLi_AI