### HEALTH EQUITY AND [AFRICAN] IMMIGRANTS

Chioma Nnaji, MPH, MEd
Senior Program Director, Multicultural AIDS Coalition

### **OVERVIEW**

- Discuss immigrants as an invisible and vulnerable social group.
- Share experiences in supporting African immigrants during COVID-19.
- Discuss public health strategies to address immigrant inequities.

# 46.2 million

(13.9% of the total population)

Source: 2018-2022 5-year American Community Survey (ACS)

#### **IMMIGRANT CULTURE**

Immigrants from different countries and cultures of origin experience commonalities:

- in their journeys of migrating
- challenges with "becoming American"
- maintaining links to home country
- relationship and interaction with government institutions

### IMMIGRATION AS A SOCIAL DETERMINANT OF HEALTH

# Immigration is "both socially determined and a social determinant of health."

Source: Castañeda H1, Holmes SM, Madrigal DS, Young ME, Beyeler N, Quesada J. (2015). Immigration as a social determinant of health. Annu Rev Public Health; 36:375-92. doi: 10.1146/annurev-publhealth-032013-182419. Epub 2014 Dec 10.

# THE MIGRATION PROCESS AND HEALTH OUTCOMES

### Return Level of **services** in home community (possibly destroyed), especially after crises situations Remaining community ties **Duration** of absence Behavioural and health profile as acquired in host communities

#### Place of Origin

- Pre-migratory events, particularly trauma, human rights violations, sexual violence
- Linguistic-, cultural- and geographic proximity to destination, including health beliefs and behaviours
- Epidemiological profile and how it compares to the profile at destination
- Efficiency of health system in providing preventive and curative health care

#### Cross-cutting aspects

Age, gender, socio-economic status

#### Place of Destination

- Migration related policies / health policies;
   Inclusion or discrimination
- · Legal status and access to services
- · Language and cultural values
- · Separation from family / partner
- · Duration of stay
- Culturally, linguistically, and epidemiologically adjusted services
- Abuse, (sexual) violence or exploitation, working and living conditions

#### Travel and Transit

- Travel conditions and mode (perilous, lack of basic health necessities), especially for irregular migration flows
- Duration of journey
- Traumatic events, abuse, (sexual) violence
- Alone or mass movement

Source: © 2020 | International Organization for Migration

### IMPACT OF "IMMIGRATION" ON HEALTH

- Fear of discovery by immigration authorities
- Difficulty obtaining health insurance
- Belief that undocumented immigrants are ineligible for any health services
- Testing positive for stigmatized diseases impacts social and economic support
- Changing immigration policies i.e. asylum, DED
- Criminalization of Black and Latinx immigrants i.e. crossing the border, public charge rule
- (perceived) Ineligibility for housing, food and other benefits

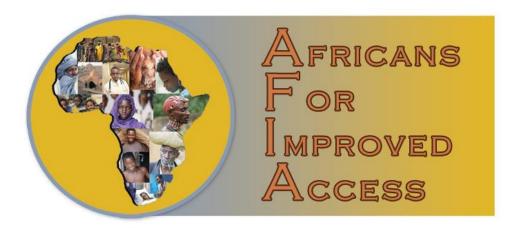
### IMPACT OF INTERSECTING SOCIAL IDENTITIES AND OPPRESSIONS

Social Identity  Categories	Societal Oppressions	Marginalized Identity	Intersectional Impact
Race	Anti-Black Racism	Black	
Nativity	Nativism, Xenophobia	Foreign-born	• Stigma
Immigration Status	Nativism, Xenophobia	Undocumented, Deferred Action for Childhood Arrivals (DACA), Temporary Protected Status (TPS), Asylee, Non-Immigrant Visa or Refugee	<ul> <li>State-sanctioned violence</li> <li>Targeted racialized criminalization</li> <li>Economic instability</li> <li>Linguistic discordance</li> </ul>
Ethnicity	Ethnocentrism	African country of origin	<ul> <li>Denied or limited health</li> </ul>
Language	Language Oppression	African languages, dialects and accents	<ul><li>coverage</li><li>Lack of access to health resources</li></ul>

Nnaji C, Ojikutu B. Intersecting stigmas: being black african, immigrant, and living with HIV in the united states. Am J Public Health. 2022;112(S3):e1–e4.

### **MULTICULTURAL AIDS COALITION**





Formed in 1999, AFIA started as a community coalition, then quickly evolved into an HIV direct care service provider operating under the MAC. 20+ history of providing HIV/STI services to African immigrants and other Black immigrants in Massachusetts.

#### POSITIONING AND CAPCITY OF MAC

# Long standing, state and federally funded grassroots organization

- Ongoing street outreach
- Onsite integrated HIV/STD testing
- Navigation support

# Deeply rooted in communities most vulnerable to HIV and COVID-19

- Prevention and care programs started by community members
- Staff reflect and live in the communities we serve

### AFRICAN IMMIGRANTS AND COVID 19

- work in high-contact jobs as essential or frontline workers
- higher death rates from COVID-19
- digital literacy challenges for scheduling appointments and understanding requirements for services
- fears related to immigration status led to reluctance to access COVID-19 services
- information and services not provided in diverse African dialects
- information not disseminated by trusted sources

### COVID 19 EPIDEMIC: POSITIONING AND CAPCITY OF MAC

# Long standing, state and federally funded grassroots organization

- Distributed PPEs
- Integrated COVID-19 testing and vaccinations
- Referred to clinical sites

# Deeply rooted in communities most vulnerable to HIV and COVID-19

- Granting writing support
- Pass thru for PPEs
- Connector to resources and relationships
- Served as fiscal conduit to smaller CBOs



### OUR VISION

A thriving African community united to celebrate culture and promote civic engagement to advance the lives of Africans in the Commonwealth.





### COVID-19 RELIEF

- COMMUNITY VOICE VIDEOS ON COVID-19
- PPE SUPPLIES DISTRIBUTIED
- PEOPLE RECEIVED COVID-19 TESTING
- PEOPLE VACCINATED
- FAMILIES FROM 9 COMMUNITIES RECEIVED FOOD AND FINANCIAL ASSISTANCE
- STUDENTS AWARDED CHROME BOOKS



### **PARTNERSHIPS**

african organizations health carecenters

funders

MULTICULTURAL AIDS COALITION
THE BOSTON FOUNDATION
MASS REDISTRIBUTION FUND
BLACK BOSTON COVID COALITION
GUINEA CONAKRY UNITED MASSACHUSETTS
LIBERIAN COMMUNITY OF METROPOLITAN BOSTON
UGANDAN BOSTON COMMUNITY ASSOCIATION
MASSACHUSETTS SUDANESE COMMUNITY
ASSOCIATION
ANGLICAN DIOCESE OF THE TRINITY
NIGERIAN AMERICAN MULI-SERVICE ASSOCIATION

HARVARD STREET NEIGHBORHOOD HEALTH
CENTER
REFUGEE AND IMMIGRANT ASSISTANCE
CENTER
GHANA ASSOCIATION OF GREATER BOSTON
MALAWI ASSOCIATION
GUINEAN ISLAMIC CULTURAL ORGANIZATION
GGWANGA MUJJE BOSTON
EQUITY NOW & BEYOND
BOSTON PUBLIC HEALTH COMMISSION

WHITTER STREET HEALTH CENTER







"Our heartfelt thanx for standing with me and my family and community at large during these trying times. When I received the COVID response kit/package, I felt not forgotten at a time when all are struggling...you care to look for us and advocate."

African Community Member Waltham, MA

### LESSONS LEARNED ON EQUITABLE STRATEGIES

- Collect, analyze and report data on non-US born populations
- Decentralized funding and restructure application criteria
- Leveraging the relationships and capacity of grassroots CBOs
- Build on informal communication and support networks
- Capacity building funding for immigrant-led grassroots agencies, including resettlement agencies

### ADVOCACY for STRUCTURAL INTERVENTIONS and POLICY CHANGES

- Meaningful (representative) community engagement
- Integration of certified Community Health Workers (CHWs)
- Medical-Legal Partnerships
- State laws providing protection and pathways to citizenship to immigrants

### National African Immigrant & Refugee HIV/AIDS and Hepatitis Awareness Day (NAIRHHA Day)

#### September 9th

- raise awareness about HIV/AIDS and viral Hepatitis to eliminate stigma
- learn about ways to protect against HIV, viral Hepatitis and other related diseases
- take control by encouraging screenings and treatment, including viral Hepatitis vaccination
- **get involved** by advocating for policies and practices that promote healthy African immigrant families, communities and individuals

"HIV and HepB among African immigrants in the US is a "hidden epidemic". Join us! Educate others. Take action.









### THANK YOU

CHIOMA NNAJI, MPH, MED
SENIOR PROGRAM DIRECTOR, MULTICULTURAL AIDS COALITION
PRINCIPAL CONSULTANT, OCHA TRANSFORMATIONS, LLC

EMAIL: CHIOMA.NNAJI@GMAIL.COM

