

An artistic illustration of a woman with long dark hair holding a young child. The woman is looking down at the child with a gentle expression. The child has a flower in their hair. The background is a mix of green and brown tones with abstract shapes. The title text is overlaid on the center of the image.

THE OFFICIAL GUIDE TO ABORTION IN HAWAI‘I

HAWAI‘I STATE COMMISSION ON THE STATUS OF WOMEN





Hawai'i Abortion Collective

01. A statewide, non-partisan coalition of faith organizations, medical providers, civil rights attorneys, sex educators, anti-violence and LGBTQ advocates & youth
02. We identify, monitor, and resolve key gaps in abortion access through policy & non-legislative action
03. We aim to democratize legal & medical knowledge
04. We equally prioritize eliminating abortion stigma in Hawai'i

What's in the guide?

- Legal status of abortion in Hawai'i
- Abortion methods and costs
- Who does it? List of known abortion providers in Hawai'i
- Navigating insurance coverage
- Play-by-play stories of medication abortion
- Tools to tackle abortion stigma
- Information about doulas and community-based mental health supports

Forthcoming:

How to Become an Abortion Provider
Abortion Data & Statistics

A Personal Story:

What to Expect While Getting an Abortion

From someone who had an abortion in Hawai'i in August 2022. This is based on a real and personal account and will not reflect everyone's experiences. **This is not medical advice.**

To read the full account go to www.HawaiiAbortionCollective.com.

I had an abortion on O'ahu in August 2022. I want to share this story because I was shocked by how much I didn't know.

You're pregnant and decide on an abortion.



It's okay to feel mixed emotions even if you firmly believe in bodily autonomy. You have carefully thought it through and made the decision.

Time is essential.



When WAS YOUR LAST PERIOD?

The gestational age of the fetus will determine the type of abortion method you will need, how effective that method will be, the cost of the abortion, and accessibility.

Google is NOT your friend.



BEWARE MISINFORMATION

Abortion is so politicized that it is hard to tell what info is good. A lot of the info I found online only told a fraction of the story or conflicted with what I was told by licensed medical professionals.

Call your OBGYN or midwife.



Ask if they provide abortions. Keep in mind that doctors and nurse practitioners are not required by law to do abortions.

Call a referral center: Women's Options Center (WOC) and Planned Parenthood



These referral centers connect people on all islands to abortion providers.

Don't be deterred by cost.



Most private insurance and state Medicaid provide coverage for abortions. If you need financial support* both referral centers can assess your eligibility for aid.

*Find more detailed info in the Hawai'i Abortion Guide.

Where to Find the Guide

**ABORTION IS
SAFE, LEGAL
AND AVAILABLE
IN HAWAII**



www.HawaiiAbortionCollective.com

**WHO TO CALL
AND TRUST:**

Women's Options Center:
(808) 686-4690

Planned Parenthood Hawai'i:
(800) 769-0045



**SCAN TO
VIEW WEBSITE**



Authors



HAWAII STATE
COMMISSION
ON THE STATUS OF WOMEN



Medical-Legal Partnership
for Children in Hawai'i



healthy mothers
healthy babies
COALITION OF HAWAII



HAWAII STATE
COALITION AGAINST
DOMESTIC VIOLENCE

Planned Parenthood®
Act. No matter what.

Alliance Advocates - Serving AK, HI, ID, IN, KY, and WA



Papa Ola Lōkahi

af3irm
HAWAII

HILO WOMEN'S MARCH
IMUA
DOING MY PART



Hua Moon
WOMEN'S HEALTH



HAWAII
WOMEN IN
FILMMAKING

eliminating racism
empowering women

ywca

O'ahu

eliminating racism
empowering women

ywca

Kaua'i

Unique Features



- Cultural Competency:
Centers Native Hawaiian, Pacific Islander, and Asian understandings, histories & experiences of abortion, including heightened stigma among Filipinos
- Features LGBTQ abortion needs & resources
- Does not downplay trans women's and cisgender women's oppression as "women"
- Is being translated and disseminated in South East Asian and Pacific Islander languages
- Centers rather than minimizes mental health impacts of abortion stigma



MAHALO

THADDEUS PHAM, VIRAL HEPATITIS PREVENTION COORDINATOR
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