

KNOW HEP C

- ▶ **Hepatitis C** can lead to **liver disease** and cancer.
- ▶ Hep C is spread through **blood**.
- ▶ You can get Hep C by **sharing drug use equipment** (injecting, smoking, or snorting) or having **unprotected sex**.
- ▶ Syringe exchange and **harm reduction** can protect you from Hep C.
- ▶ **Get tested** to know if you have Hep C: antibody test first, then confirmatory test.

CURE HEP C

- ▶ **Hep C can be cured.**
Treatment is now shorter and more effective than before. Side effects are less severe.
- ▶ **You can get re-infected** with Hep C. Protect yourself from blood exposure.
- ▶ **Avoid alcohol** if you have Hep C. Alcohol speeds up liver damage.

Contact for help getting tested or treated:

<https://www.cdc.gov/knowmorehepatitis/HepatitisC-FAQ.htm>